# LAND & SEA TOGETHER

24/7 Help Line

### 1-800-445-1195

SLAND

Available in English, Spanish, Portuguese, Cape Verde Creole, with interpretation for other languages

www.landandseatogether.org



### WE SUPPORT FARMERS, FISHERIES, AND FORESTRY WORKERS IN RHODE





info@landandseatogether.org 401-273-9999

## Land & Sea Together Supports

#### 24/7 Help Line

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Access to RI-Based Coastline EAP (Employee Assistance Program) for yourself AND your family including:

- 12 FREE counseling sessions per individual
- Direct support in English, Spanish, Portuguese and more
- Consultation for legal (1/2 hour free consult with a lawyer and reduced fees), financial services, eldercare, childcare, nutrition, career, and convenience resources
- Qualified referrals to the most effective, helpful resources in terms of expertise, location, cost and availability

#### **A Network of Partners at Your Fingertips**

We have pulled together over 25 organizational partners across the state and more across the region to build a network of support to share resources and hear what your unique communities are facing on a daily basis.

That network is here to help YOU reduce stress! Reach out to us with your questions, concerns, or suggestions at info@landandseatogether.org and we will draw upon the expertise of local leaders.

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### **Mediation, Succession Coordination**, & **Educational Resources**

Thinking of transitioning your farm to a family member, staff person, fellow farmer, or land trust?

Facing a conflict with a neighbor, staff member, or lender?

Would you like a one-stop-shop for state, regional, and national resources that can help you and your business?

Send us an email or visit our website to set up free mediation services, begin your succession journey, or find free industry resource guides.